**Types of Cell Transport Chart**

AP Biology, Ms. Ottolini, 2012-2013

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Type of Transport** | **Types of Molecules Moved** | **Movement of molecules from a high to low concentration or a low to high concentration?** | **Movement of molecules up or down the concentration gradient?** | **Passive or Active Transport** | **Membrane Structures Used** |
| Simple Diffusion |  |  |  |  |  |
| Facilitated Diffusion |  |  |  |  |  |
| Osmosis |  |  |  |  |  |
| Active Transport using Protein Pumps |  |  |  |  |  |
| Endocytosis (Phagocytosis, pinocytosis, or receptor-mediated endocytosis) |  |  |  |  |  |
| Exocytosis |  |  |  |  |  |